Und	erwear
Sock	is
Shor	t Sleeve Shirts
Long	Sleeve Shirts
Jean	rs & Casual Pants
Dres	s Pants (optional)
□ Tie ((optional)
□ Joga	
☐ Shoo	e s
Pajo	ımas
☐ Slipp	pers
_ Jack	ret (optional)
Cloth	res Saver

Mobility Aids
OTC Medication
Prescription Medication
RFID Waist Wallet
RFID Passport Holder
Personal Alarm
First Aid Kit
Trackers
Face Mask
Flashlight or travel light
Pain Pen
Medical Alert Card
Extra snacks

Extra Water	
Hearing Devices	(if needed)
Tickets/Passes	
Identification	
Reservation Nun	rbers
Prescription Info	rmation
Credit Card Information	mation
Emergency Conto	act Info
Itinerary	
Healthcare Direct	etive
Medicare Card	
Other Insurance	Cards
Doctor's Informa	tion \
3	

Pharmacy Information
Medical Report
Denomination of Choice
— Pastor's Information
Toothbrush & Toothpaste
Tloss
Shampoo & Conditioner
Bodywash
Razor & Shaving Cream
Deodorant
Chapstick
Hairbrush or Comb
Cologne

Manicure Set
Wipes
Sunscreen
Insect Repellent
Adult Diapers or Pads
Pericare Items
Denture Care Items
Dry Skin Lotion
Cell Phone & Charger
Power Bank
Travel Plug Adapter
eReader
Magnifying Glass

Sewing Kit
Umbrella
Shades
RF Detector
Water Bottle