



# Travel Checklist

- Underwear
- Socks
- Short Sleeve Shirts
- Long Sleeve Shirts
- Jeans & Casual Pants
- Dress Pants (optional)
- Joggers & Leggings
- Dresses (or skirt/shirt sets)
- Shoes
- Pajamas
- Slippers
- Jacket (optional)
- Clothes Saver





# Travel Checklist

- Mobility Aids
- OTC Medication
- Prescription Medication
- RFID Waist Wallet
- RFID Passport Holder
- Personal Alarm
- First Aid Kit
- Trackers
- Face Mask
- Flashlight or travel light
- Pain Pen
- Medical Alert Card
- Extra snacks





# Travel Checklist

- Extra Water
- Hearing Devices (if needed)
- Tickets/Passes
- Identification
- Reservation Numbers
- Prescription Information
- Credit Card Information
- Emergency Contact Info
- Itinerary
- Healthcare Directive
- Medicare Card
- Other Insurance Cards
- Doctor's Information





# Travel Checklist

- Pharmacy Information
- Medical Report
- Denomination of Choice
- Pastor's Information
- Toothbrush & Toothpaste
- Floss
- Shampoo & Conditioner
- Bodywash
- Razor & Shaving Cream
- Deodorant
- Chapstick
- Hairbrush or Comb
- Makeup Kit





# Travel Checklist

- Manicure Set
- Wipes
- Sunscreen
- Insect Repellent
- Adult Diapers or Pads
- Pericare Items
- Denture Care Items
- Dry Skin Lotion
- Cell Phone & Charger
- Power Bank
- Travel Plug Adapter
- eReader
- Magnifying Glass





# Travel Checklist

- Sewing Kit
- Umbrella
- Shades
- RF Detector
- Water Bottle
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